

Arbonne Vegan PROTEIN Mix Conversion

1 scoop = 10 grams protein

1 scoop = 7 grams carbs

1 scoop = 4.5 grams natural sugar cane

1.5 scoops = 15 grams protein

1.5 scoops = 10.5 grams carbs

1.5 scoops = 7 grams natural sugar cane

2 scoops = 20 grams protein

2 scoops = 14 grams carbs

2 scoops = 9 grams natural sugar cane

2.5 scoops = 25 grams protein

2.5 scoops = 17.5 grams carbs

2.5 scoops = 11.5 grams natural sugar cane

3 scoops = 30 grams protein

3 scoops = 21 grams carbs

3 scoops = 13.5 grams natural cane sugar

Arbonne Vegan FIBER Booster Conversion

1 scoop = 15 grams carbs

1/2 scoop = 7 grams carbs

1/4 scoop = 3.5 grams carbs

****Reminder - the fiber negates the sugar in the shakes**